

ISABELLE FARM 2010 FARM SHARE INFORMATION SHEET

About Our Farm Share Program: Participating in the Isabelle Farm Share Program allows you to enjoy organic, sustainably grown produce while knowing exactly how, where and by whom it was grown. Farm Share members receive a weekly bounty of fresh, seasonal produce in return for a membership fee that supports the farm's infrastructure and production.



About Community Supported Agriculture (CSA): Our Farm Share program is based on the Community Supported Agriculture (CSA) model. CSA is a mutually beneficial relationship between farmers and community members that keeps working agricultural land in production. CSA has become increasingly popular over the last 20 years, with hundreds of small farms around the country and the world adopting this model. Community members support the farm by purchasing a Farm Share before the growing season. In return, the farmer takes good care of the land while growing flavorful, healthy food. The bounty of the farm is then returned to the Farm Share members, who receive a variety of fresh produce every week throughout the local growing season.

What's included in a Farm Share? Isabelle Farm Share members receive a selection of same-day-picked, in-season produce, grown organically and sustainably, as well as Field Notes, our weekly Farm Share newsletter. The variety and quantity of produce increase as the growing season progresses. Farm Share members will receive lots of favorites (such as head lettuce, mixed greens, spinach, tomatoes, peppers, cucumbers and carrots), as well as smaller amounts of more novel items (such as roasted chiles, eggplant, melons, turnips and radishes). A list of the produce that we are planting this season is available on page 3 of this information/application sheet.


For many members, the connection to the farm is as valuable as the produce that they receive. When members pick up their share at the farm, they have the opportunity to connect with the source of their food and to learn more about sustainable agriculture. Members enjoy hearing weekly reports from the fields and knowing that they are helping to sustain a vibrant local farm.

How much food is in a Farm Share? A **Large Weekly Farm Share** is designed to provide a **family of four** with enough produce to last the week. Members can expect to receive **4-8 varieties of produce per week** (a total of 5-20 pounds per week, depending on the time of the season). The season runs for 21 weeks, from June 2-October 21.

Does Isabelle Farm offer small or half shares? If you would prefer a smaller quantity of produce, you may sign up for a **Small Share** (feeds 1-3 people) or an **"Every-Other-Week" (EOW) Share**, which allows you to pick up a Large Share of produce every two weeks throughout the 21-week season. Pickups for EOW shares will begin the second week of June.

How much does a share cost?

- ① The price for a **Large Weekly Share** is **\$630 per season**, and includes produce every week for 21 weeks.
- ② The price for a **Weekly Half Share** is **\$420 per season**, and includes produce every week for 21 weeks.
- ③ The price for an **Every-Other Week Share** is **\$315 per season**, and includes produce every other week for 21 weeks.

 = \$ If you elect to pick up your share at one of our Farmer's Market pickup locations, there is a one-time \$50 charge to cover packing and transport costs.

Isabelle Farm Membership Application Form

Our 2010 Farm Share Program will run for 21 weeks, from June 2 through October 21.

Share Type (check one)

- Large Weekly Share** \$630 (average of \$30/week feeds 4-6 people)
- Weekly Half-Share** \$420 (average of \$20/week feeds 2-4 people)
- Every-Other-Week Full Share** \$315 (average of \$30/week feeds 4-6 people)
- One-Time Packing & Delivery Fee** \$50 (If you choose to pick up your share at the Boulder Farmer's Market, this fee covers packing and transport costs.)

It is helpful for us to receive payment in full at the time you submit your application. However, if you are not able to do so, you may make a deposit of \$150 at this time and pay the balance by April 5.

When and where do I pick up my share? There are 2 Farm Share pickup locations; please check one:

- Wednesdays at the Boulder Farmer's Market between 4 p.m. and 7 p.m.
- Thursdays at the farm between 4 p.m. and 6:45 p.m.

Isabelle Farm is located at 10029 Isabelle Road, midway between 95th and 287.

Name: _____

Address: _____

Phone: _____

E-mail: _____

(We will not share your contact information with anyone.)

How did you hear about Isabelle Farm? _____

Have you previously participated in a CSA Farm Share Program? Yes ___ No ___

Farm Share Member Commitment: I wish to strengthen the local food system in Boulder County by becoming a member of the Isabelle Farm Share Program. By purchasing a share, I am helping to preserve local, small-scale, sustainable agriculture. I understand that due to the unpredictable nature of the weather, there are no guarantees as to the amount of produce I will receive on a weekly basis. I also understand that I am responsible for picking up my produce every week at the designated time and location and understand that any missed pickups will be forfeited. Refunds will not be available once payment has been made.

Signature: _____ **Date:** _____

Please print and mail this form, along with a check, to:
Isabelle Farm, 10029 Isabelle Road, Lafayette, CO 80026

To learn more about us, see www.isabellefarm.com. Questions? Email isabellefarm@gmail.com, or call Ben Bowditch, our CSA Manager, at 720.206.8059, or Jason Condon, farm co-owner, at 303.817.9316.

Thank you for supporting Isabelle Farm! We look forward to getting to know you!

Spring*

- Arugula
- Baby Lettuce Mix
- Baby White Turnips
- Beets
- Bok Choy
- Broccoli
- Kale
- Radicchio
- Radishes
- Spinach
- Sugar Snap Peas
- Swiss Chard
- Braising Mix
- Carrots

Summer*

- Red Tomatoes
- Heirloom Tomatoes
- Basil
- Dill
- Mint
- Parsley
- Beans
- Bell Peppers
- Broccoli Rabe
- Carrots
- Swiss Chard
- Cherry tomatoes
- Cucumbers
- Eggplant
- Hot Peppers
- Leaf lettuce
- Cantaloupe Melons
- Spicy Braising Mix
- Summer squash
- Sweet onions
- Watermelon
- Potatoes
- Garlic
- Tomatillos
- Okra
- Roasted Chiles

Fall*

- Winter Squash
- Brussels Sprouts
- Cabbage
- Cauliflower
- Dill
- Mint
- Parsley
- Beans
- Kohlrabi
- Leeks
- Onions
- Parsnips
- Potatoes
- Turnips
- Rudabaga
- Radishes
- Potatoes
- Collard Greens
- Pumpkins of all varieties!

* We will plant all of the produce listed above—and experiment with more—however it's a rare season that some crop doesn't fall short of production projections or, worse, fail entirely. By participating in a CSA program, you acknowledge that you understand that some the items on the above list may only be available in limited quantities or not all.